



April 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		1	2	3	4	5	
		<i>PATTERNS / POOMSAE</i>					
6	7	8	9	10	11	12	
		<i>KICKS / SPARRING</i>					
13	14	15	16	17	18	19	
	<i>BLOCKS / SELF-DEFENSE</i>				<i>Closed for Easter weekend</i>		
20	21	22	23	24	25	26	
		<i>TECHNICAL & CARDIO</i>					<u>Grading</u> 9:30 am ? 1:30 pm
27	28	29	30				
		<i>PATTERNS / POOMSAE</i>					