



# June 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
	<i>PATTERNS / POOMSAE</i>					
7	8	9	10	11	12	13
	<i>KICKS &amp; SPARRING</i>					
14	15	16	17	18	19	20
	<i>BLOCKS &amp; SELF-DEFENSE</i>					
21	22	23	24	25	26	27
	<i>PATTERNS / POOMSAE</i>					
28	29	30	July 1	2	3	4
	<i>KICKS</i>	<i>Closed for Canada Day</i>		<i>&amp; SPARRING</i>		